



# Ole Miss Fall Institute 2018

October 11<sup>th</sup>-12<sup>th</sup>,  
2018  
The Inn at Ole Miss

Featuring:  
**Patricia M.  
Zebrowski, Ph.D.,  
CCC-SLP**

**Therapy with  
Teenagers Who Stutter:  
Facilitating Readiness  
for Change and the  
Plan to Accomplish It**

Sponsored by:  
UM NSSLHA Chapter &  
Department of Communication  
Sciences and Disorders




Dr. Patricia Zebrowski is an ASHA certified Speech Language Pathologist, professor, Director of the Stuttering Research Lab and Chair of the PhD Studies Committee at the University of Iowa (UI). She received her MS and PhD at Syracuse University in Speech Pathology. Her research interests include identification and treatment of stuttering in children, involving the study of child behaviors and environmental factors related to the nature and development of stuttering. Dr. Zebrowski is a Board-Certified Specialist with the American Board of Fluency and Fluency Disorders and a member of ASHA's American Speech-Language-Hearing Association Special Interest Division IV (Fluency). Her text, [Manual for Stuttering Intervention](#), as well as many book chapters and journal articles have helped increase knowledge and therapeutic intervention for stuttering. The following hyperlink is the website for her [Stuttering Research Lab](#).

*Dr. Zebrowski has relevant financial relationships with the following entities that may be discussed as part of this presentation: she is a speech language pathologist, professor, research scientist at the University of Iowa and Director of the Stuttering Research Lab at UI. She is the author of [Manual for Stuttering Intervention](#) by Singular Press. She holds non-financial relationships with and is a member of ASHA, the Iowa Speech Language Hearing Association, the International Fluency Association, the National Association of Young People Who Stutter, DeLTA Center for Change (UI), Get Ready Iowa and UI Obermann Center (working with immigrant nonulations).*

## Learning Objectives:

1. Participants will demonstrate knowledge of a stage-based model of change readiness and how it applies to stuttering intervention for adolescents.
2. Participants will demonstrate knowledge of motivational interviewing and its relevance for establishing a therapeutic alliance between therapists and teens, and in both goal selection and promoting readiness to change in adolescents who stutter.
3. Participants will demonstrate knowledge of key components of stuttering evaluation for teenagers, and specific tools for behavioral modification of speech and stuttering.

## Continuing Education

	<p>University of Mississippi Department of Communication Sciences and Disorders is approved by the Continuing Education Board of the American Speech-Language- Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. <b>See course information for number of ASHA CEUs, instructional level and content area.</b> ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.</p>
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**This course is offered for 1.0  
ASHA CEUs (Intermediate Level, Professional  
Area).**  
**The Mississippi Department of Education will  
award 1.0 CEUs of credit for this course. AL,  
AR, LA, MO, and TN must gain district approval  
for Continuing Education. Commercial  
products, materials, procedures, and opinions  
presented at the 2018 Ole Miss Fall Institute  
may reflect the viewpoint or approach of  
Patricia Zebrowski. They are not to be  
attributed to the University of Mississippi or the  
accrediting agency for whom we are a provider.**

# Agenda

## Thursday

### 7:30-8:00 Registration

### 8:00-10:00

- ❖ A “common factors” framework for stuttering therapy
- ❖ Assessment of stuttering in adolescents

### 10:00-10:15 Break

### 10:15-11:30

- ❖ Evidence for a stage-based model of readiness. To change in adolescents who stutter
- ❖ Assessing readiness to “do something about stuttering”: surveys and motivational interviewing

### 11:30-1:00 Lunch (on your own)

### 1:00-2:30

- ❖ Motivational interviewing continued
- ❖ Developing a therapy map

### 2:30 – 2:45 Break

### 2:45-4:30

- ❖ Spotlight: Stage-based therapy processes
- ❖ Spotlight: Update on tools for changing speech and stuttering

## Friday

### 7:30-8:00 Registration

### 8:00-9:30

- ❖ Tools for changing speech and stuttering continued

### 9:30-9:45 Break

### 9:45-11:45

- ❖ Spotlight: Exploring the meaning and experience of stuttering through narrative therapy strategies
- ❖ Wrap Up

### 12:00 Dismissal



- ❖ **Join us for our 4th Annual**
- ❖ **UM NSSLHA 5K Run!**
- ❖ All proceeds will benefit the UM CSD Sarah Wheat Voice Lab Fund
- ❖ The race will take place on **Thursday October 11th at 6:00pm**  
<https://racesonline.com/events/annual-nsslha-5k>

# Registration

Ole Miss Fall Institute  
Department of Communication Sciences  
& Disorders  
100 George Hall  
Rebel Drive  
University, MS 38677- 1848

**\*Online Registration:**  
[https://secure.touchnet.net/C21670\\_ustores/web/classic/store\\_main.jsp?STOREID=23](https://secure.touchnet.net/C21670_ustores/web/classic/store_main.jsp?STOREID=23)

**\*If paying by check make payable to 2018 Ole Miss Fall Institute (Mail to address above)**  
**LIMITED SEATING REGISTER EARLY**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

Off campus supervisor?\*  Yes  
\*Supervisors of record serving an Ole Miss student during the calendar year of 2018 may deduct \$25.00 from the registration fee.

### Institution Cost

Pre-Registration (Until September 15 <sup>th</sup> )	\$235
September 16-30	\$260
Onsite Registration	\$275

Amount Enclosed: \_\_\_\_\_  
Special Needs: Please list any special assistance required (i.e., physical disability, vision, hearing, etc.)  
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**The Inn at Ole Miss has a limited number of rooms at a special group rate for this conference for those who book by September 8<sup>th</sup>. Call 1-888-486-7666 or visit [www.theinntolemiss.com](http://www.theinntolemiss.com) for more information.**

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